



The Conscious Catering Company

Events · Meetings · Celebrations

Our team of chefs create dishes using intercepted ingredients, which would otherwise go to waste. This means we work with a daily-changing mix of seasonal, fresh produce and can never predict what exact ingredients we will receive. So when planning with you we will create a framework, rather than an exact menu. We can however guarantee delicious, fresh, and planet saving catering.

Sandwich Platter (cold)

A selection of freshly prepared sandwiches, with a minimum of 3 delicious filling options. Range of breads will vary.

20 - 39 people £5.50
40 - 79 people £5.00
80+ people £4.50

Mixed Buffet (cold)

A delicious sandwich platter accompanied by a filling salad (pasta, potato or rice), a seasonal vegetable-based salad and crisps

~~20 - 39 people £7.00~~
40 - 79 people £6.00
80+ people £5.50

Street Food Menu (hot)

A selection of at least 3 hot street food dishes with big flavours, such as Mac'n'Cheese bites, arancini balls & bao buns. Accompanied by dips, a seasonal vegetable-based salad and market slaw.

20 - 39 people £10.00
40 - 79 people £9.00
80+ people £7.50

Hearty Helpings Menu (hot)

A traditional, hearty main meal and street food bites accompanied by a scrumptious side (e.g. rice, wedges, pasta), and vegetable-based salad. Menu themes: Indian, Mediterranean, Mexican, British and Middle Eastern.

20 - 39 people £10.00
40 - 79 people £9.00
80+ people £7.50

Breakfast selections

Freshly prepared hot breakfast barms, delicious pastries or breakfast bakes, and healthy fruit salads.

Full Mixed selection

8-20 people £6.50	8-20 people £4
20 - 39 people £5.50	20 - 39 people £3.50
40 - 79 people £5	40 - 79 people £3
80+ people £4.50	80+ people £2.75

Barm only

Home-Made Cake Platter

A selection of tasty, home-made cake bites such as banana & salted caramel, root veg cake, fruit tart or rocky road. Mix of cake & fruit platter also available.

Minimum 2 varieties.

£2 / person, as an addition to any catering order.

Canapés & Small Bites

Delicious canapés and elegant small bites perfect to start the evening, accompany a drinks reception, or offer a lighter food alternative. (Minimum 4 varieties, 4-5 canapés per guest)

30 - 79 people £7.50
80+ people £6.50

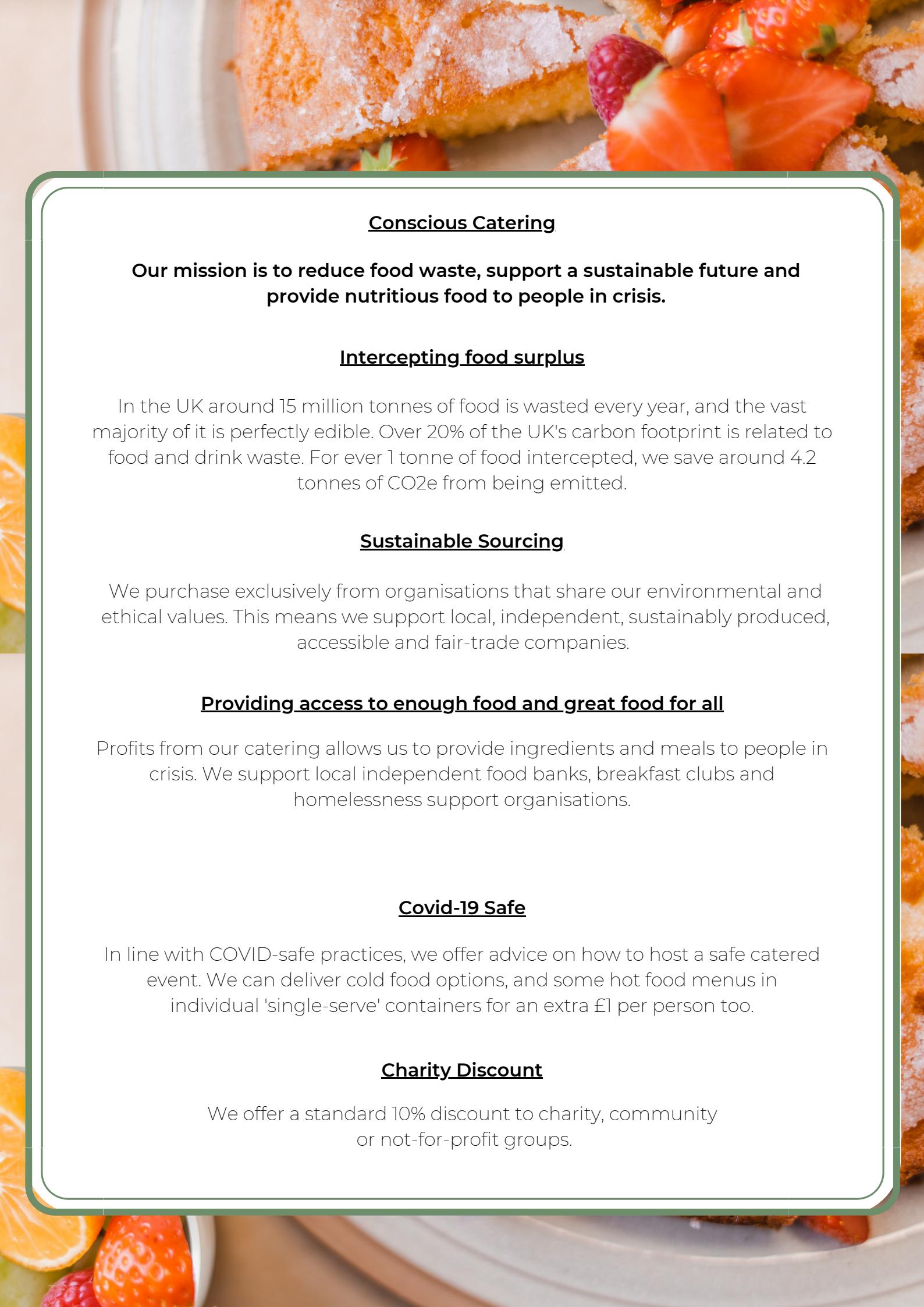
Selection of teas & freshly brewed coffee £2 PP

Crockery, Cutlery & Napkins

100% compostable and recyclable plates, bowls, cutlery and napkins at 25p per person. Alternatively, we offer delivery and collection of reusable lightweight plates, bowls and cutlery at £1 per person. Crockery and cutlery hire options available for more formal events.

All dietary requirements catered for including vegetarian, vegan & gluten free

All prices exclude VAT at 5%



Conscious Catering

Our mission is to reduce food waste, support a sustainable future and provide nutritious food to people in crisis.

Intercepting food surplus

In the UK around 15 million tonnes of food is wasted every year, and the vast majority of it is perfectly edible. Over 20% of the UK's carbon footprint is related to food and drink waste. For every 1 tonne of food intercepted, we save around 4.2 tonnes of CO₂e from being emitted.

Sustainable Sourcing

We purchase exclusively from organisations that share our environmental and ethical values. This means we support local, independent, sustainably produced, accessible and fair-trade companies.

Providing access to enough food and great food for all

Profits from our catering allows us to provide ingredients and meals to people in crisis. We support local independent food banks, breakfast clubs and homelessness support organisations.

Covid-19 Safe

In line with COVID-safe practices, we offer advice on how to host a safe catered event. We can deliver cold food options, and some hot food menus in individual 'single-serve' containers for an extra £1 per person too.

Charity Discount

We offer a standard 10% discount to charity, community or not-for-profit groups.